

Lion Mane Mushroom Kit Instructions

Video Instruction Link: <http://MushroomMan.com/LionManeVideo.htm>

Take the kit out of the box and place in an area that has regular lighting and room temperature.

Kit has a 15-day waiting period from the *date of inoculation that is on the front label of the kit.*

If you do not see any white mycelium after 15 days, please email us a picture for tech. support: (gkmushrooms@gmail.com).

AFTER THE 15 DAY WAITING PERIOD THE KIT IS MATURE AND READY TO GROW MUSHROOMS. FOLLOW THESE DIRECTIONS OR GO TO THE ONLINE INSTRUCTIONAL VIDEO (LINK ABOVE).



1. Place the kit on a regular dinner plate and place it in a location with indirect sunlight. Hint: If you can read this letter, you have enough lighting.

2. Cut a small corner off at the top of the bag (kit) so as you fold the top of the bag down tight it will allow the air to escape. You want the air out of the bag to force fruiting through the hole (X) you are about to create. Fold the bag **down and under** to ensure no air will enter the bag/kit and tape it down if possible.



3. Making sure the kit is sitting on its base cut a 1" (one inch) 'X' in the front center of the kit (remove the label if it is in your way). This X will allow a small amount of air onto the area that will grow the lion mane mushroom. Mushroom will start to appear in about 10 days.



4. Pour water onto the plate to help regulate humidity around the kit.



5. Place the humidity tent (tent and bag are 2 different things...not to be confused) over the kit and roll down the bottom of the tent so that there is only about 2" of space from the kits surface and the top of the humidity tent (SEND ME A PICTURE AFTER SET-UP). This will keep the humidity close to the mushroom. Gently tuck the folded part of the tent under the plate so water/humidity does not run down onto your countertop or table.

Leave it like this until you see a single mushroom start to grow. As the mushroom grows, and becomes the size of a marble, start spraying the inside of the humidity tent to raise the humidity. **DO NOT SPRAY THE MUSHROOM ITSELF**...just the inside of the tent. I like to spray through the holes of the tent so not to allow the stored humidity to escape.



When the mushroom becomes large and looks like this picture...**HARVEST!**

If it starts to turn a slight yellow...**HARVEST.**

Repeat Step 4 for another flush. This can be done several times for multiple harvest.

Enjoy and good luck!
Mushroom Man