

# Reishi Kit Instructions

## TAKE THE KIT OUT OF THE BOX!!!

Video Instructions: <http://mushroomman.com/reishivideo.htm>

AFTER OPENING BOX TAKE KIT OUT AND STAND THE BAG STRAIGHT UP. Gently pull the top of the bag, allowing air to enter through the white filter patch, so it looks like this →.  
**YOU ARE NOT OPENING THE BAG!!!!**

ALLOW TO SIT FOR 14-21 DAYS ACCORDING TO THE LABEL ON THE KIT. OUT OF DIRECT SUNLIGHT! If you see approximately 6 mushrooms growing from surface **before the 21-day period**, please skip to step 2 (feel free to

send us a picture for confirmation before moving to step 2).

If you do not see mushrooms after 21 days cut an 'X' into the white filter, allowing air to flood the inside of the kit, and let sit until mushrooms start growing. Do not do anything at this point until you see mushrooms growing. If nothing after an additional week, please send a picture for tech. support.

1. AFTER mushrooms start to appear place the kit on a regular dinner plate and place in a location that you would like it to grow (NOT in direct sunlight). If you can read this letter...you have enough light. You can place it next to a window but NEVER allowing direct sunlight.



2. Cut the top of the bag off JUST INTO THE WHITE FILTER leaving about 2" of the bag above the substrate line →.

Some mushrooms may have grown against the bag so make sure you pull the bag away from the mushrooms before cutting.



3. Pour water onto the plate to help regulate humidity.

4. Place the humidity tent over the kit (see pic) and tuck the bottom under so excess water does not spill onto your countertop. (SEND A PICTURE FOR TECH SUPPORT/CONFIRMATION OF SET-UP IF NEEDED)

5. Make sure you spray the inside of the tent with a mister/spray bottle to raise the humidity. Depending on its environment you may have to do this once a day or several times. If the moisture dissipates over time, you MUST spray again...ALWAYS KEEPING THE INSIDE OF THE TENT MISTED/MOIST.

### DO NOT SPRAY THE MUSHROOMS!

Do not forget to send us a picture if you need additional tech. support. Send tech. support request and/or pictures to:

[GMKMUSHROOMS@GMAIL.COM](mailto:GMKMUSHROOMS@GMAIL.COM)

Harvest mushrooms as they SPORE (brown 'powder') or rinse and allow them to grow a little larger. REPEAT STEP 3 FOR POSSIBLE 2<sup>ND</sup> HARVEST.



Enjoy and have fun!  
[www.MushroomMan.com](http://www.MushroomMan.com)